

LUNCH

11AM - 3PM

HANDHELDS

served with a simple salad  
or substitute Carolina Kettle Sea Salt chips +\$1

GRILLED BRIE + PROSCIUTTO  
brie, prosciutto, sourdough bread, served with  
blackberry jam \$15

B.L.T.  
bacon, tomatoes, butter lettuce, herb mayo,  
sourdough bread \$13


CHICKEN SALAD SANDWICH  
house chicken salad, pickled red onion,  
tomato, butter lettuce, sourdough bread \$14

FEEL THE BEET SANDWICH  
roasted red beets, Moroccan carrot hummus,  
pickled red onion, arugula, sourdough bread \$16  
IT'S VEGAN!

TURKEY SANDWICH  
sliced turkey, provolone, roasted red peppers,  
tomato, lettuce, herb mayo, focaccia \$15

CHICKEN CAESAR WRAP  
curly kale, romaine, parmesan cheese, Caesar  
dressing, grilled chicken, flour tortilla \$16


SALADS



KALE CAESAR SALAD  
curly kale, romaine, crispy chickpeas, parmesan  
cheese, Caesar dressing \$13 GF



MEDITERRANEAN SALAD  
farro, baby arugula, spinach, cucumber, tomato,  
pickled red onion, feta, mint vinaigrette \$14



PEAR & CRANBERRY SALAD  
baby arugula, sliced pear, cranberries, red onion,  
candied pecans, goat cheese, balsamic  
vinaigrette \$15 GF



WINTER HARVEST BOWL  
farro, kale, roasted carrots, parsnips & turnips,  
apples, toasted almonds, gorgonzola, apple cider  
vinaigrette \$16



ADD: SEARED SALMON \$8 GRILLED CHICKEN \$5  
GRILLED SHRIMP \$7 CHICKEN SALAD \$6

GF - Gluten Free SF - Sugar Free DF - Dairy Free  
Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.  
A 3% processing fee will be added to all credit card transactions to cover processing fees.

HOUSEMADE  
PASTRIES

WHILE THEY LAST!

SIGNATURE CINNAMON ROLL \$8

BUTTERMILK BISCUIT \$4  
butter & seasonal jam

BLUEBERRY BOMBS two for \$4

BANANA BOMBS two for \$4 DF

COUNTRY HAM & CHEESE ROLL \$6



ALL DAY  
TREATS

LEMON COOKIE \$4

PEANUT BUTTER COOKIE \$4

CHOCOLATE CHIP COOKIE \$4

BROWNIE \$4

SIDES

FRESHLY CUT FRUIT \$4  
GF

PASTA SALAD \$5  
miso ranch, bacon, tomato,  
Trottole pasta

FRENCH FRIES \$6  
ketchup  
-and-  
malt vinegar aioli

CREAMY ROASTED  
TOMATO SOUP \$8  
GF

COFFEE + TEA

DRIP COFFEE 12oz \$3.5 16oz \$4 REFILL \$1

ESPRESSO DOPPIO \$3

CAPPUCCINO \$5

LATTE HOT 12oz \$5.25 HOT OR ICED 16oz \$5.75

CORTADO \$4

HOT CHOCOLATE 12oz \$4

MILK: WHOLE MILK OR SKIM MILK // OAT MILK \$.75 ALMOND MILK \$.75

SYRUPS: VANILLA, SF VANILLA, WHITE MOCHA, CARAMEL, BROWN SUGAR, \$1  
GRAHAM CRACKER, PISTACHIO

COLD BREW 16oz \$5

MATCHA LATTE HOT 12oz \$6 HOT OR ICED 16oz \$6.5

CHAI LATTE HOT 12oz \$5 HOT OR ICED 16oz \$5.5

HOT TEA MINT VERBENA, EARL GREY, DRAGON PEARL JASMINE \$3.5

ICED TEA SWEET OR UNSWEET \$3.5

EXTRA SHOT OF ESPRESSO \$1.5

VANILLA COLD FOAM \$1